## Claims:

- 1. Apparatus for maintaining an optical cavity of a cavity enhanced optical spectroscopy instrument at a substantially constant temperature, the apparatus comprising:
- a) an enclosure having interior and exterior wall surfaces, said enclosure surrounding said optical cavity, wherein said interior wall surfaces are spaced apart from said optical cavity;
- b) at least one heat exchanger positioned within said enclosure in proximity to at least one of said interior wall surfaces;
- c) at least one heat pump in thermal communication with both said heat exchanger and an ambient environment exterior to said enclosure;
- d) at least one fan positioned within said enclosure, said fan causing a portion of a gas contained within said enclosure to circulate in laminar flow following a path substantially along interior wall surfaces of said enclosure, whereby said flowing gas makes thermal contact with said heat exchanger, said optical cavity not being situated within said flow path;
  - e) an optical bench supporting said optical cavity; and
- f) at least one temperature sensor affixed to said optical cavity or said optical bench.
- 2. The apparatus of Claim 1, wherein there is present in said enclosure a plurality of heat pumps, heat exchangers and fans.
- 3. The apparatus of Claim 1, wherein at least a majority of the components of the optical train of said cavity enhanced optical spectroscopy instrument are situated within said enclosure and not within said flow path.
- 4. The apparatus of Claim 1, wherein there is at least a second temperature sensor affixed to said at least one heat exchanger.

- 5. The apparatus of Claim 1, wherein said temperature sensor comprises a thermistor.
- 6. The apparatus of Claim1, wherein a layer of insulting material covers at least a substantial portion of at least one of the interior and exterior wall surfaces of said enclosure.
- 7. The apparatus of Claim1, wherein said heat exchanger comprises a metal structure having a plurality of fins positioned in said laminar flow path.
- 8. The apparatus of Claim1, wherein said heat pump comprises a Peltier Effect thermoelectric/cooler.
- 9. The apparatus of Claim1, wherein said fan is driven by a DC electric motor.
- 10. The apparatus of Claim 1, wherein said optical bench is affixed to a plurality of mounts, which mounts maintain said bench out of contact with said interior wall surfaces.
- 11. The apparatus of Claim10, wherein at least a portion of said mounts are positioned within said flow path
- 12. The apparatus of claim 1, wherein said gas is dry air.